

LATIN STYLE

ROUTINE OBBLIGATORIA INIZIALE - CLASSE C

Valida per la modalità: tecnica (in assolo), sincronizzato e coreografico

Tipologia: solo e duo

Testi tecnici di riferimento: *“Technique latin books WDSF”* riferendosi alla parte descritta man, salvo figure non codificate e note specifiche.

SAMBA

- 1 Stationary samba walks 1 a 2 3 a 4
- 2 Samba whisk to left 5 a 6
- 3 Samba whisk to right 7 a 8
- 4 Cruzados walks 1 2
- 5 Cruzados locks 3 and 4 5 and 6
- 6 Criss Cross botafogos 7 a 8 1 a 2
- 7 1-3 Criss cross botafogos 3 a 4
- 8 Criss cross voltas to left 5 a 6 a 7 a 8

CHA CHA CHA

- 1 1-4 Slow cuban break to right 2 3 4 1
- 2 Cuban break to right 2 and 3 and 4 and 1
- 3 6-7 Close basic movement 2 3
- 4 Hip twist chasse (and) 4 and 1
- 5 1-2 Close basic movement 2 3
- 6 Ronde chasse (and) 4 and 1
- 7 6-10 Close basic movement 2 3 4 and 1
- 8 New york to right 2 3 4 and 1
- 9 New york to left 2 3 4 and 1
- 10 1-5 Open basic movement e three cha cha cha locks 2 3 4 and 1 2 and 3 4 and 1
- 11 6-10 Close basic movement 2 3 4 and 1
- 12 Spot turn to right and to left 2 3 4 and 1 2 3 4 and 1

RUMBA

- 1 4-6 Close basic movement 2 3 4.1
- 2 Hand to hand to left 2 3 4.1
- 3 Hand to hand to right 2 3 4.1
- 4 Spot turn turn to right 2 3 4.1
- 5 3 Backward walks 2 3 4.1
- 6 7-12 Side walks and Cucarachas 2 3 4.1 2 3 4.1
- 7 1-3 Close basic movement 2 3 4.1
- 8 New york to left and to right 2 3 4.1 2 3 4.1

JIVE (le figure vengono eseguite utilizzando la parte descritta nel testo tecnico per “lady”)

- 1 Basic in fallaway 1 2 3 a 4 5 a 6
- 2 American spin 7 8 1 a 2 3 a 4
- 3 Stop and go ripetuto 2 volte 5 6 7 a 8 1 2 3 a 4 5 6 7 a 8 1 2 3 a 4
- 4 Toe heel swivels ripetendo 3-8 (come da nota) QQ QQS QQS Q Q Q Q QQ
- 5 1 -5 Basic in fallaway 5 6 7 a 8
- 6 3 Kick ball change girando $\frac{1}{4}$ verso dx Q a Q Q a Q Q a Q (1 a 2 3 a 4 5 a 6
- 7 Jive chasse LRL 7 a 8

Aggiornamento del 22 aprile