

Categorie: Juvenile I e II, Junior I e II, Youth, Adulti

WALTZ - Elenco figure consentite

WDSF

Classe C
Close Change on RF
Close Change on LF
Natural Turn
Reverse Turn
Natural Spin Turn
Whisk
Chasse from PP
Hesitation Change
Outside Change
Back Whisk
Basic Weave
Backward Lock
Progressive Chasse to Right

Classe B
Impetus
Double Reverse Spin
Weave from PP
Telemark
Impetus to PP
Cross Hesitation from PP
Wing
Drag Hesitation
Reverse Pivot
Telemark to PP
Wing from PP
Outside Spin

Reverse Turning Lock
Left Whisk
Contra Check
Natural Turning Lock
Fallaway Reverse and Slip Pivot
Hover Corte
Overtured Running Spin Turn
Running Spin Turn
Running Cross Chasse
Running Weave from PP
Open Natural Turn
Fallaway Natural Turn

IMPORTANTE: Si possono utilizzare anche: Forward Lock Step, Reverse Corte, Fallaway Whisk, Open Reverse Turn, Curved Three Step e Oversway.

TANGO - Elenco figure consentite

WDSF

Classe C

Walk/Step on LF
Walk/Step on RF
Progressive Side Step
Back Corté
Progressive Side Step Reverse Turn
Rock on Left Foot
Basic Reverse Turn
Rock on Right Foot
Natural Rock Turn
Progressive Link
Closed Promenade
Four Step
Brush Tap
Natural Turn from PP

Classe B

Promenade Link turned to L
Promenade Link turned to R
Open Promenade
Natural Twist Turn from PP
Tap - Alternative Entries to PP (2)
Tap – Alternative Entries to PP (1)
Tap - Alternative Entries to PP (3)
Four Step Change
Check Back on Right Foot in CBMP
Back Open Promenade
Outside Swivel Method 1 (After Open Finish and turning to Left)
Outside Swivel Method 2

Outside Swivel Method 3
(Reverse Outside Swivel)

Fallaway in Promenade

Mini Five Step

Five Step

Quick Reverse Turn

Fallaway Four Step

Oversway

Oversway Alternative Endings

Drop Oversway

Chase

Chase Alternative Endings

Fallaway Reverse and Slip Pivot

Contra Check

Open Natural Turn

Telemark to PP

Whisk

Back Whisk

Outside Spin

Natural Twist Turn

Reverse Pivot

VIENNESE WALTZ - Elenco figure consentite

WDSF

Classe B

Natural Turn

Reverse Turn

RF Forward Change Step – Natural to Reverse

LF Forward Change Step– Reverse to Natural

LF Backward Change Step - Natural to Reverse

RF Backward Change Step - Reverse to Natural

Chasse Change Step

SLOW FOXTROT - Elenco figure consentite

WDSF

Classe B

Feather Step	Weave from PP	Natural Twist Turn with Impetus and Feather Finish
Reverse Turn	Top Spin	Natural Twist Turn with Impetus to PP
Three Step	Impetus to PP	Quick Open Reverse
Natural Turn	Hover Feather	Curved Feather
Heel Pull Finish	Natural Telemark	Curved Feather from PP
Reverse Turn + Step (Check) RF back	Hover Telemark	Back Feather
Impetus	Hover Telemark to PP	Natural Hover Telemark
Feather Finish	Natural Weave	Fallaway Reverse and Slip Pivot
Reverse Wave	Reverse Pivot	Natural Zig Zag from PP
Basic Weave	Hover Cross	Extended Reverse Wave
Change of Direction	Whisk	Bounce Fallaway with Weave Ending
Open Natural Turn	Back Whisk	Curved Three Step
Telemark to PP	Double Reverse Spin	Outside Spin
Outside Swivel	Running Weave from PP	
Feather Ending	Natural Twist Turn	
	Natural Twist Turn with Natural Weave	

IMPORTANTE: Si possono utilizzare anche: Backward Lock, Outside Change ended in PP, Progressive Chasse to Right, Fallaway Whisk e Oversway.

QUICKSTEP - Elenco figure consentite

Classe C
Quarter Turn to Right
Basic Movement - Quarter Turn and Progressive Chasse
Progressive Chasse to Left
Forward Lock
Natural Turn
Tipple Chasse to Right - at a Corner
Tipple Chasse to Right - along line of dance
Natural Pivot
Running Finish
Backward Lock
Natural Spin Turn
Hesitation Change
Reverse Turn

Classe B
Quarter Turn to Left
Cross Chasse
Progressive Chasse to Right
Linking step (RF forward in CBMP, OP)
Open Reverse Turn
Double Reverse Spin
Impetus
Four Quick Run
Running Natural Turn
V-6
Reverse Pivot
Zig Zag
Telemark
Fishtail
Impetus to PP

Telemark to PP
Linking step (RF forward in CBMP, PP)
Running Finish to PP
Tipple Chasse to Left
Cross Swivel
Open Natural Turn
Linking step (LF back in CBMP, Lady OP)
Six Quick Run
Hover Corté
Rumba Cross
Tipsy to Right
Tipsy to Left
Outside Change

Whisk
Back Whisk
Outside Spin
Running Cross Chasse
Natural Turning Lock
Drag Hesitation

IMPORTANTE: Si possono utilizzare anche: Change of Direction, Wing, Curved Feather, Fallaway Reverse and Slip Pivot e Curved Three Step.

Leggenda: Le figure scritte in **rosso** sono previste nelle note.