



ROUTINE OBBLIGATORIE PER LA cl. C2
Disciplina COUNTRY WESTERN DANCE

Vedi art. 4.4 del Regolamento Tecnico di Settore - E.Po.Ca



Classe C2 - Solo

FORGIVE ME FRIEND

Intermediate 32 counts - by Helena Jeppsson

Music: Forgive Me Friend - Smith and Thell

Syncopated side rocks, L sailor step, cross, unwind ½ R	
1-2	Rock RF to R side, recover weight onto LF
3-4	Step RF beside LF, rock LF to L side, recover weight onto RF
5&6	Step LF behind RF, step RF to right side, step LF in place
7-8	Cross RF behind LF, unwind ½ turn R (weight end on RF facing 6.00)
Cross rock x2, cross, side, ¼ turn L coaster step	
1-2	Cross rock LF over RF, recover weight onto RF
3-4	Step LF to L side, cross rock RF over LF, recover weight onto LF
5-6	Step RF to R side, step LF in front of RF, step RF to R side
7&8	Make a ¼ turn L stepping back on LF, step RF beside LF, step fwd on LF (facing 3.00)
Fwd shuffle, ¼ turn R side shuffle, rock step, side shuffle	
1&2	Step fwd on RF, step LF beside RF, step fwd on RF
3&4	Make a ¼ turn R stepping LF to L side, step RF beside LF, step LF to L side (facing 6.00)
5-6	Rock RF back, recover weight onto LF
7&8	Step RF to R side, step LF beside RF, step RF to R side
½ turn L side shuffle, jazz box, ¾ turn L	
1&2	Make a ½ turn L stepping LF to L side, step RF beside LF, step LF to L side (facing 12.00)
3-4	Cross RF over LF, step back on LF
5-6	Step RF to R side, cross LF over RF
RESTART: At wall 9 and 10 restart happens here facing front wall both times	
7-8	Make a ¼ turn L stepping back on RF, make a ½ turn L stepping fwd on LF (end facing 3.00)



Classe C2 - Team

HONKY TONK WAY

Intermediate 32 counts - by Landon James Purvis & Mark Paulino

Music: I See Country - Ian Munsick

R HEEL PUMPS FORWARD X2, COASTER STEP, L KICK FORWARD, L KICK SIDE, COASTER STEP	
1&2&	R heel touch forward, slight R hitch forward, R heel touch forward, slight R hitch forward
3&4	R steps back, L steps besides R, R steps forward
5-6	L kick forward, L kick to the side
7&8	L steps back, R steps besides L, L steps forward
R SIDE POINT, 1/4 TURN R WITH R KICK FORWARD, COASTER STEP, FORWARD STOMP L WITH R SHOULDER PRESS, STOMP R FOOT BEHIND WITH R SHOULDER PRESS X2, R 1/2 TURN PIVOT on L WITH R HITCH FORWARD	
1-2	R side point, 1/4 turn R with R kick forward
3&4	R steps back, L steps besides R, R steps forward
5&	Stomp forward on L while R shoulder rocks forward, recover R shoulder back
6&7&	R stomps behind in place while R shoulder rocks forward, recover R shoulder back, R stomps behind in place while R shoulder rocks forward, recover R shoulder back
8	R 1/2 turn pivot on L with R hitch forward
For an image reference on 5&6&7&, picture yourself rocking out on an air guitar. Feel free to utilize air guitar movements with arms!	
WALK WALK, OUT OUT IN STEP FORWARD, 1/2 PIVOT TURN, 1/2 TURN, 1/4 TURN	
1-2	Step R forward, step L forward
&3&4	Step R out to the side, step L out to the side, step R in neutral, step L forward
5-6	Step R forward weight shifting from R to L with a 1/2 turn counter clockwise, ending ahead on L
7-8	Step R forward with 1/2 turn counter clockwise, 1/4 turn counter clockwise with a L side step

R CROSS OVER L, L SIDE STEP, SAILOR SIDE STEP WITH HIP SWAYS X3, 1/4 TURN L WITH L HIP SWAY, R SCUFF FORWARD

1-2	Step R crossing over L, L side
3&4	R cross behind L, L steps besides R, R side step while performing R hip sway
5-6	L hip sway, R hip sway
7-8	1/4 turn L weight shifting onto the L, R scuff forward

TAG: 4 COUNT TAG: At the end of the 12th wall (starts on 9 o'clock and ends on facing 12 o'clock) cross R over L with a 3 count 3/4 turn L unwind (ending on 3 o'clock wall, restarting with the double heel pump)