

## LATIN STYLE

### ROUTINE OBBLIGATORIA INIZIALE - CLASSE B

Valida per la modalità: tecnica (in assolo), sincronizzato e coreografico

Tipologia: solo e duo

Testi tecnici di riferimento: *“Technique latin books WDSF”* riferendosi alla parte descritta man, salvo figure non codificate e note specifiche.

#### SAMBA

- 1 Cruzados walks (Right foot ) 1 2
- 2 4-6 Cruzados locks 3 a 4
- 3 Cruzados walks (Left foot) 5 6
- 4 1-3 Cruzados locks 7 a 8
- 5 4-6 Criss cross botafogos 1-3 Criss cross botafogos 1 a 2 3 a 4
- 6 Criss cross volta to left 5 a 6 a 7 a 8
- 7 Side samba Chasse 1 and 2 and 3 4
- 8 Carioca Runs 5 and 6 and 7 and 8 and
- 8 Batucada left and right 1 and a 2 and a 3 and a 4
- 9 Samba whisk to left and right 5 a 6 7 a 8

#### CHA CHA CHA

- 1 Follow my leader (LADY) 2 3 4 and 1, 2 3 4 and 1, 2 3 4 and 1, 2 3 4 and 1, 2 and 3 4 and 1
- 2 6-7 Close basic 2 3
- 3 Hip twist chasse (and) 4 and 1
- 4 1-4 Slow cuban break to right 2 3 4 1
- 5 Split cuban break to right and left and 2 and 3 and 4 and 1
- 6 New york to right 2 3 4 and 1
- 7 New york to left with three step turn to right 2 3 4 and 1

#### RUMBA

- 1 Advanced Sliding doors (Man) and 2 3 4.1, 2 3 4.1
- 2 7-9 Side Walks and cucarachas 2 3 4.1
- 3 Three threes to fan (Lady) 2 3 4.1 2 3 4.1 2 3 4.1.2 and 3 4.1
- 4 Sincopated Cuban Rocks 2 and 3 4.1
- 5 Hockey stick (Lady) 2 3 4.1 2 3 4.1
- 6 4-6 Close basic movement 2 3 4.1

#### JIVE (*Le figure vengono eseguite utilizzando la parte descritta nel testo tecnico per “lady”*)

- 1 Basic in Fallaway 1 2 3 a 4 5 a 6
- 2 American Spin 7 8 1 a 2 3 a 4
- 3 Chicken walks S S S S (5 6 7 8 1 2 3 4)
- 4 Forward and side flick (right foot), Ronde' chasse 5 6 7 a 8
- 5 Forward and side flicks (left foot), Ronde chasse 1 2 3 a 4
- 6 Quick chicken walks Q Q Q Q (5 6 7 8)
- 7 Stop and Go ripetuto 2 volte 1 2 3 a 4 5 6 7 a 8 1 2 3 a 4 5 6 7 a 8
- 8 4 Kick ball change girando ½ to right 1 a 2 3 a 4 5 a 6 7 a 8

Aggiornamento del 22 aprile

