

LE SCIENZE MOTORIE: RICERCA SCIENTIFICA E DANZA SPORTIVA.

LA PRESTAZIONE ATLETICA DI ALTO LIVELLO

Roma, 20 gennaio 2014



Talento e Analisi della Performance:
Valutazione Ergonomica Posturale Funzionale

PROF. MARIO ESPOSITO





VALUTAZIONE

ERGONOMICA POSTURALE FUNZIONALE

**STUDIO DELLE POSTURE CHE SI ASSUMONO NELLE
VARIE DISCIPLINE E DEL GESTO MOTORIO SPECIFICO**

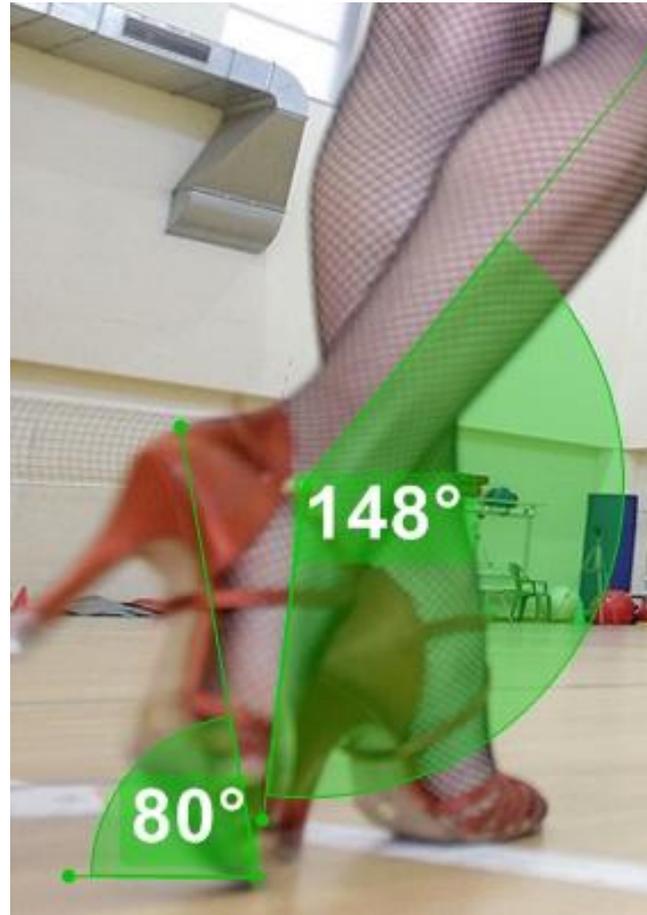
**STUDIO DELLE CARATTERISTICHE SOGGETTIVE CON
ESAME BAROPODOMETRICO E STABILOMETRICO**

STUDIO DELLA CALZATURA

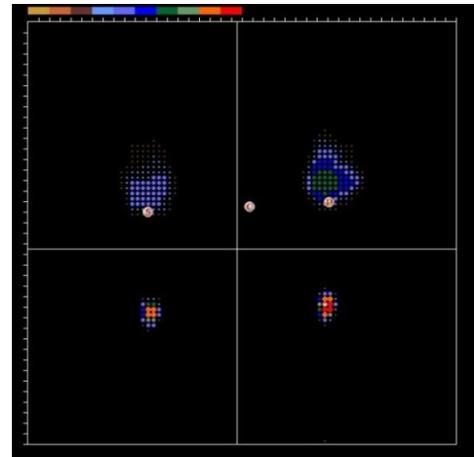
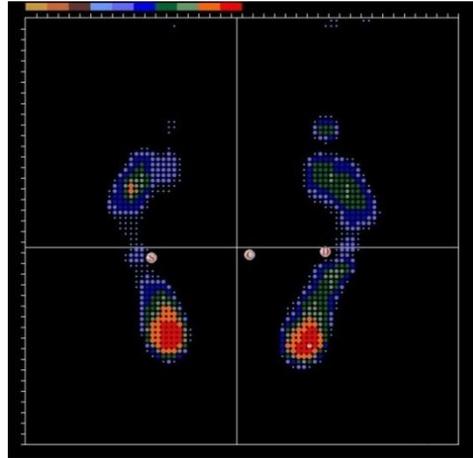




POSTURAL ANALYSIS

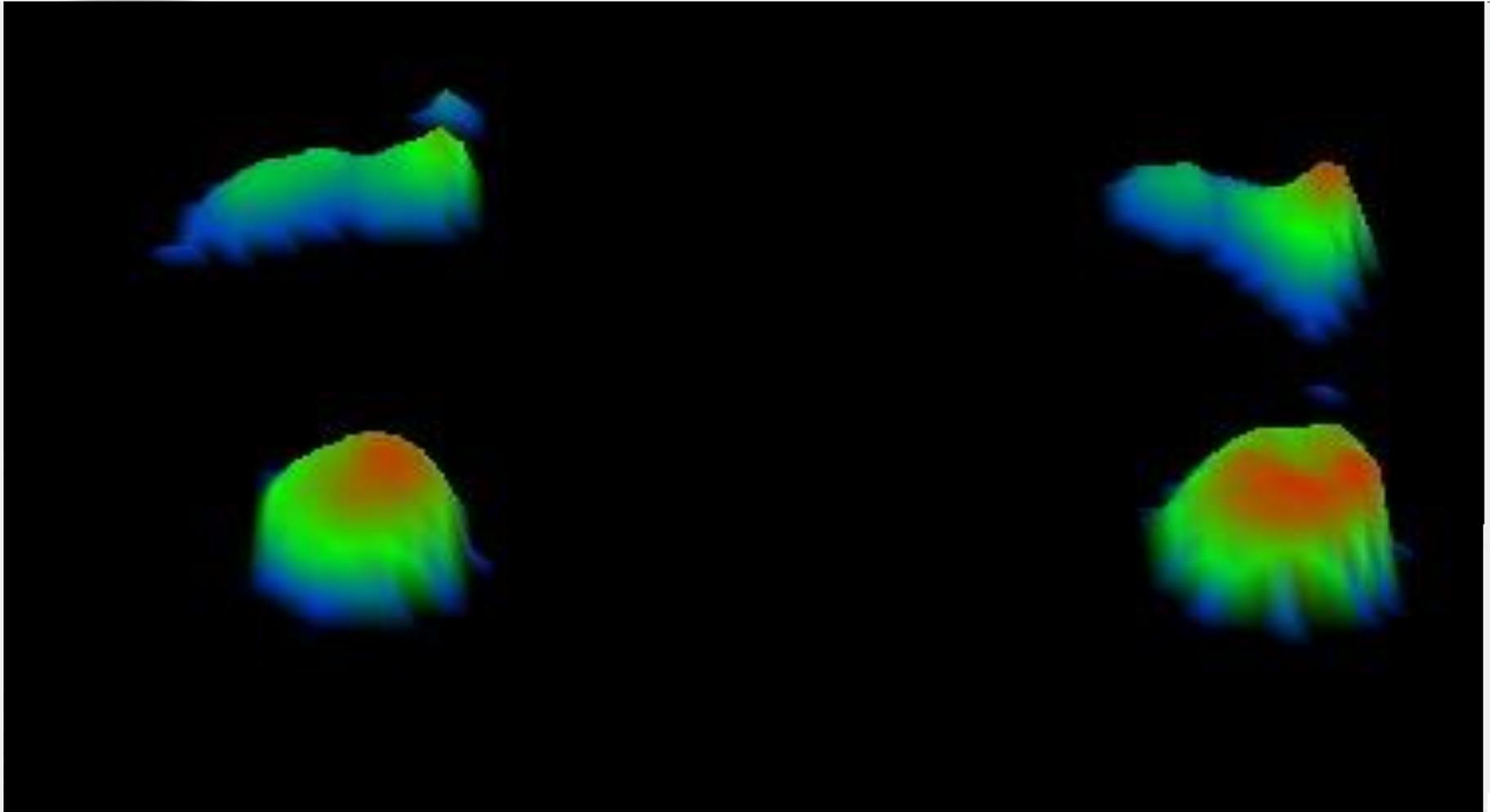


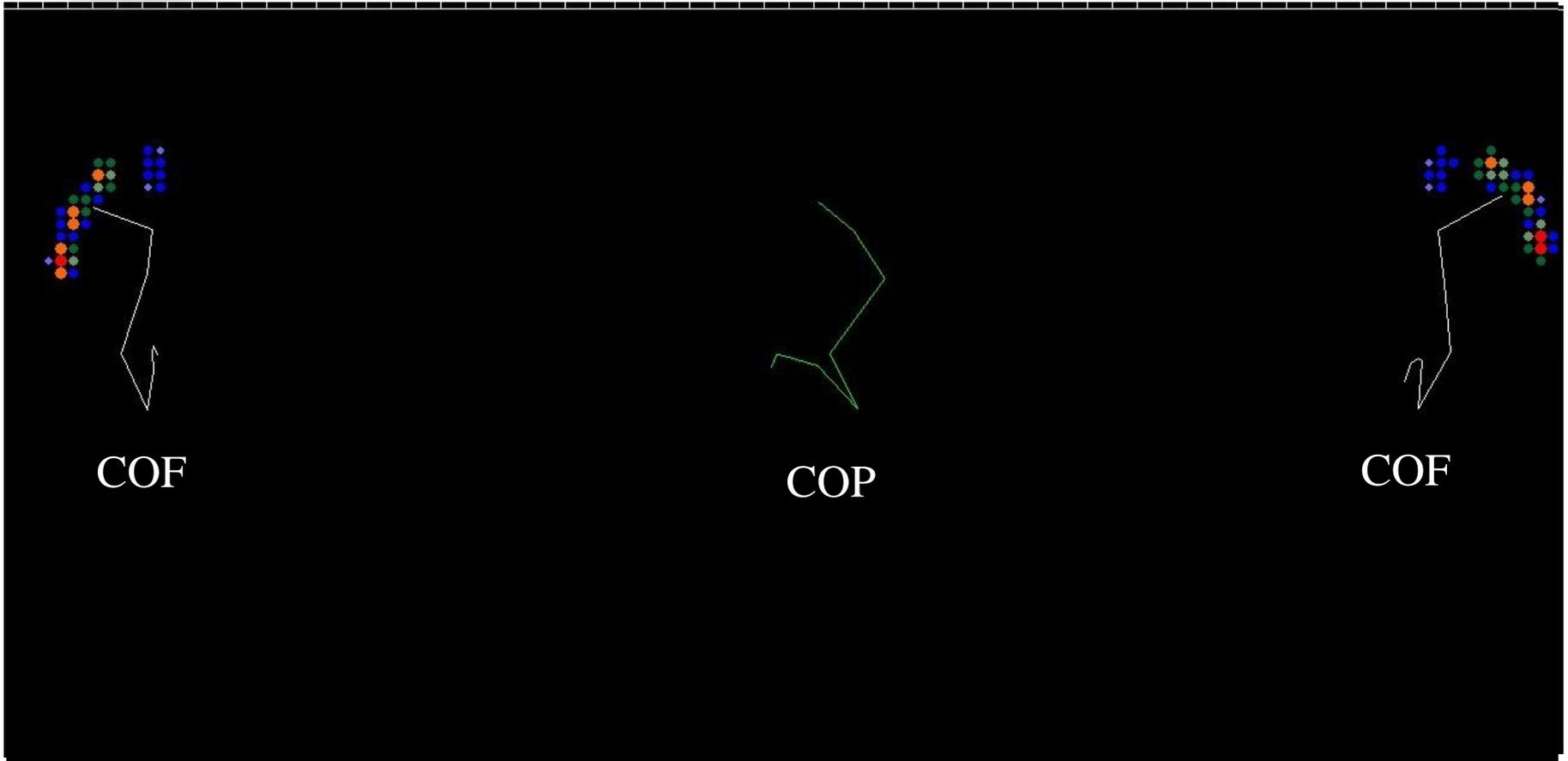
ESAME BPE



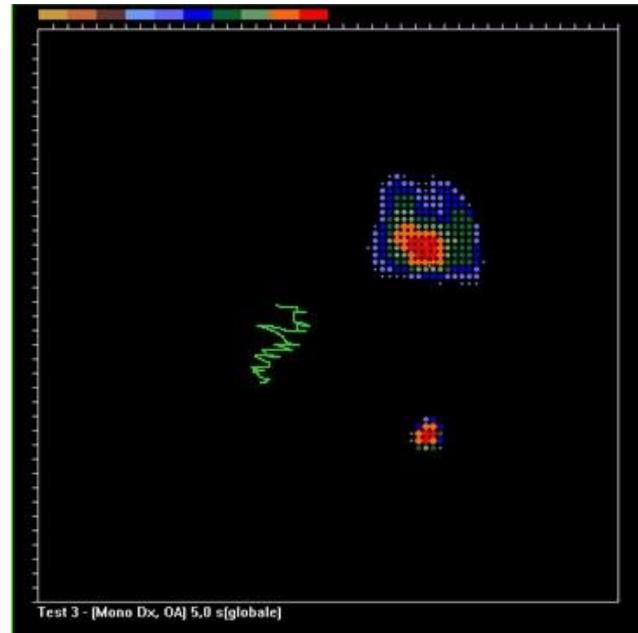
% C. TOT SX	43,3
% C. TOT DX	56,7
% C. AP SX	18,8
% C. RP SX	24,5
% C. AP DX	26,3
% C. RP DX	30,3
% C. AP-RP SX	43,5
% C. AP-RP DX	46,5
% C. RP-AP SX	56,5
% C. RP-AP DX	53,5
COP	DX
DIST. mm COF SX-COP	91
DIST. mm COF SX-COP	69







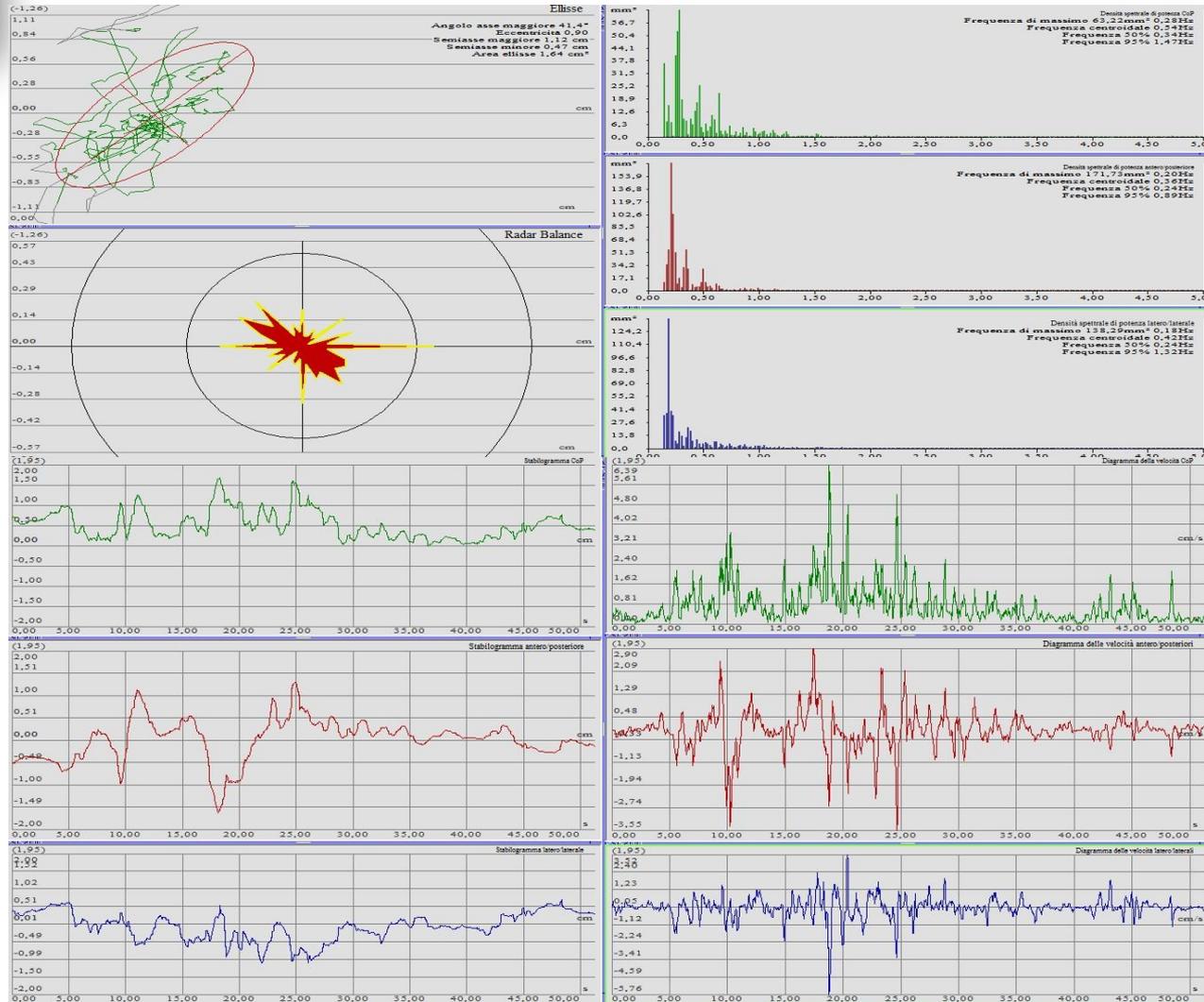
STABILOMETRIA



	SUPERICIE DELL'ELLISSE		LUNGHEZZA DEL GOMITOLO		VELOCITA' MEDIA	
	SX	DX	SX	DX	SX	DX
SCALZO	127,23 mm ²	89,36 mm ²	91,2 mm	94,3 mm	17,92 mm·s-1	18,53 mm·s-1
CALZATURA	76,72 mm ²	89,73 mm ²	67,9 mm	64,3 mm	13,33 mm s-1	12,63 mm·s-1

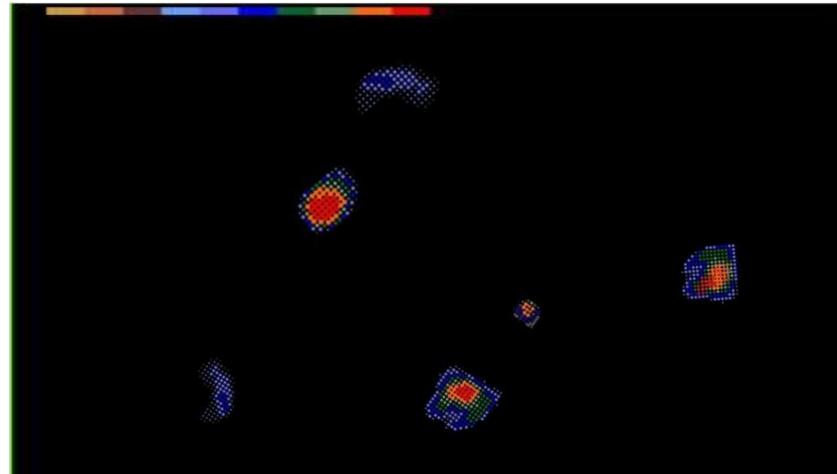


ANALISI





SOLETTE BAROPODOMETRICHE



ERGONOMIA DELLA CALZATURA

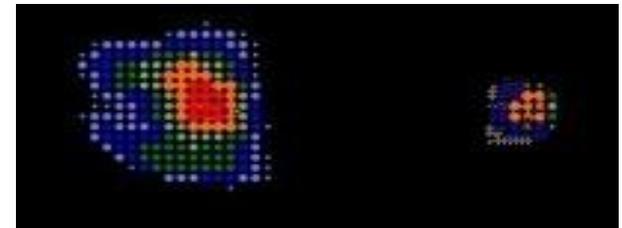
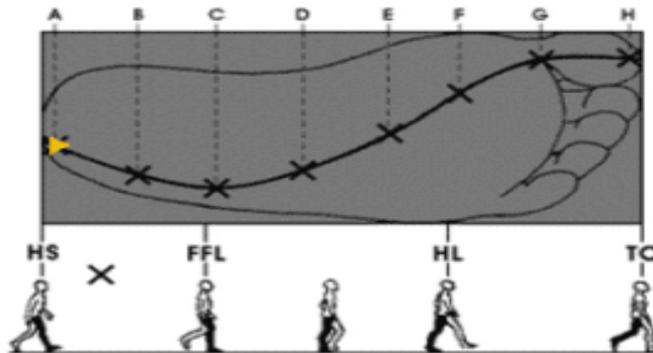


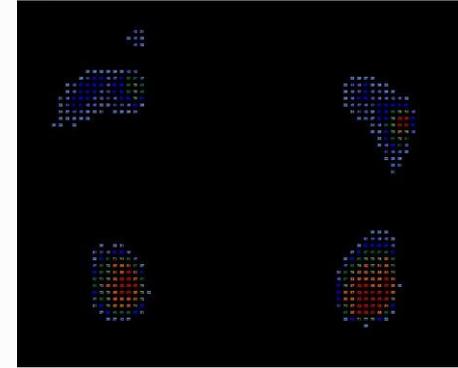
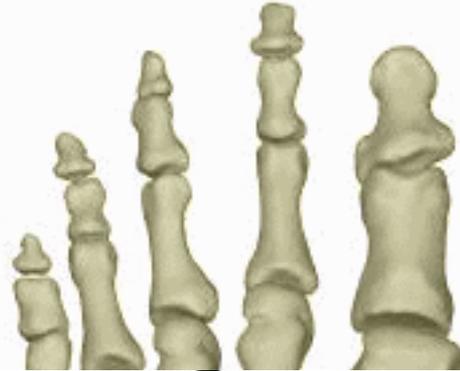


ERGONOMIA DELLA CALZATURA



ERGONOMIA DELLA CALZATURA





RICERCA DELLA MIGLIORE PERFORMANCE

